

Memories from the Heart 2018









The Sacred Heart School of Montreal



Memory Book

2017 - 2018

A message from:

The Head of School



Mr. Shawn
O'Donnell

This memory book is dedicated to the **CLASS OF 2018**, in recognition of their many accomplishments at The Sacred Heart School of Montreal. This unique group consists of 39 special young ladies, who have collectively developed a *class chemistry* that is truly remarkable.

They are an energetic bunch that knows how to have fun and be silly. They can break out into song and dance in an instant, and fill the halls with laughter. And yet, they are also a very accomplished group who are mature and serious when they need to be. They are close-knit, considerate and kind, and very supportive of themselves and others. During their senior year they were true leaders and an inspiration to other students. They performed admirably in the arts, athletics, band, and robotics, to name a few areas, and won significant championships and awards.

They are inclusive and caring, as well as resilient, and can always find the silver lining in any dark cloud. They will always make the best of every situation and do so with such positivity and enthusiasm.

Our school has enjoyed a great year, and the class of 2018 has had a great deal to do with this success. Their enthusiasm and positive energy has rubbed off on all of us. I thank them and salute them for their great leadership and important contributions to our school. They have led by example this year, and have been great role models for our younger students.

Graduates, you are an amazing group and have truly shown what it is to be Sacred Heart students: faithful, intellectually stimulated, socially aware, community-oriented and morally strong. I urge you to keep living the five Sacred Heart Goals and to continue to be great role models in the next phase of your lives! On behalf of all of us at The Sacred Heart School of Montreal, I would like to wish you, the **CLASS of 2018**, great success and happiness, and send you off with this Irish Blessing.

**May your days be filled with blessings
Like the sun that lights the sky
And may you always have the courage
To spread your wings and fly.**

I would like to take this opportunity to thank our memory book team for this wonderful souvenir!

Our talented student editors, Morgan Azouz and Victoria Calderone, led by our dedicated faculty advisors, Ms. Alexandra Lantosh, and Ms. Sarah Jones have done an excellent job capturing the numerous activities happening at the school over this past year. A big thank you also to Ms. Michelle Lessey who got it all started before going on Maternity Leave.

A message from:

The Director of Academics

In a blink of an eye, we find ourselves saying goodbye to another academic year. As we reflect on the past months, let us minimize the importance of the grades we earned and focus our thoughts on the times we triumphed in the face of challenges, the efforts we made when we felt like giving up, the friendships we forged, the kindness we have shown and the fun we have had. For me, this year's images will be of you giggling in the halls, you squealing with laughter about something silly, the times when you lovingly brought your friends to my office if they felt unwell, the way you held hands, the occasions when we came together as a community to help others, the free-spirited singing in the chapel and the colourful madness of our house activities. I treasure those moments, and the yearbook filled with pictures will be a complement to those precious images in my mind. We have such a loving school and I am so proud to be part of this caring Sacred Heart community.

Graduates of 2018, your departure will leave a void in our halls, but the memories you have created, will live on forever. Thank you for letting me accompany you for part of this journey. It has been an honour and pleasure to work with you and to support you. You have made an unforgettable impact on our school, inspired the students who looked up to you and touched those who had the privilege to teach you. The magnitude of this milestone brings great possibilities and you are ready to face this new chapter.

In your journey, stay true to the Sacred Heart goals. Be authentic, have integrity, be generous, and keep the drive to make a positive impact in the world. Even in the most challenging times, never forget you have a choice, a voice, and the power to change things. Be brave, take risks, and put love in all you do, because nothing done out of love is ever wasted.

Success has so many definitions and is not measured by your job, education, money or the material things you own. It is determined by what you sacrifice, who you are, how you treat others, and how you lead your life. Show gratitude to those who have helped you along in this journey and to those who continue to support your dreams. Surround yourself with people that remind you of how amazing you are and how much you have to offer. Have faith and confidence in yourselves and in your education. Relish all the blessings you are given, see magnificence in the everyday details of life and try to always be positive. Attitude and perspective is everything.

Remember, when you want to reminisce, to walk down memory lane, to see familiar faces who will light up at your visit and will listen excitedly to your stories....there is no place like home! These walls will always welcome you back with open arms. And when the City House is calling, emailing or reaching out on social media...we hope you will answer.



**Ms. Anika
Maloni**

Faculty & Staff



Lisa Arella



Lara Artinian



Julie Beaudet



Julian Beauvais



Nathalie Belfort



**Anna
Biernacka**



**Iveth
Bosmediano**



Florise Boyard



**Annette
Brawley**



Isabel Brinck



**Stephanie
Broadhurst**



Maureen Brown



**Maria Cusma-
Dovico**



**Christiane de
Sainte Marie**



Dylan Devaney



Luigi Fratta



**Josh
Friedmann**



Angelo Gallo



**Catherine
Gauthier**



Mary Gendron



Diana Gorham



Joan Harrison



Sarah Jones



Peter Judson

"A good teacher is like a candle, it consumes itself to light the way for others."

-Author unknown



Alexandra
Lantosh



Marie-Elaine
Laquerre



Lili Le Fèvre



Michelle Lessey



Ourania
Leventis



Megan Littman



Julie Lotfallah



Giovanna
Mazzariello



Gisela McIvor



James McRae



Toula
Michalakos



Jennifer Newton



Sonny Nicolas



Colleen
O'Donnell



Hélène Pagette



Polly Palumbi



Katie Pankratz



Myriam Phaneuf



Kayla
Ramacieri



Erika Rath



David Reda



Gedi
Snapkauskas



Mirella
Spadafora



Myha Tang



Melissa Tradel



Rosemary
Vaupshas



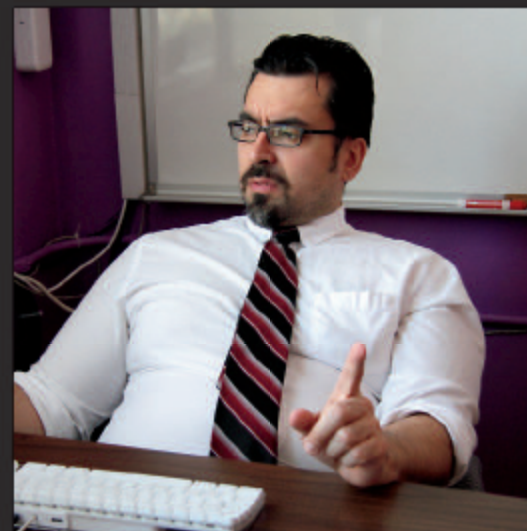
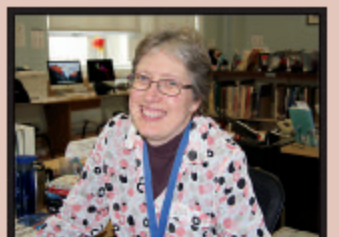
Peter Ward



Keyinsa
Yokenderan



Faculty and Staff Candid



Academic Success

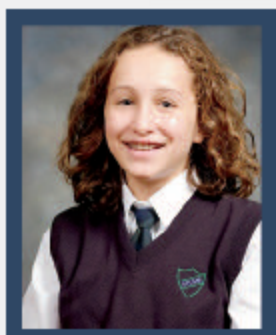
YPI Winning Group



Amanda Stevenson
Katalina Couto
Erika Delucilla
Grace Singer

Congratulations to this year's YPI winning group for earning the \$5000 grant to donate to their chosen charity, Club Zone de Lachine.

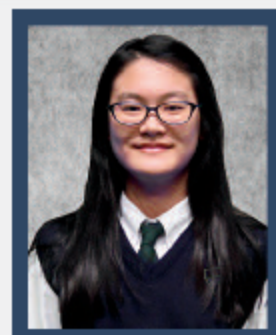
Math Competition Top Scorers



CNML Sec. I - Sienna Béliveau



CNML Sec. II - Tara Delaney



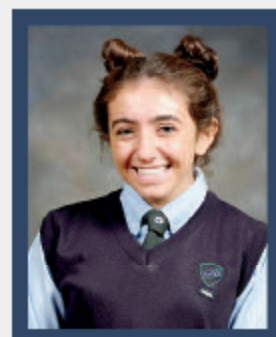
Pascal Sec. III - Amanda Fu



Cayley Sec. IV - Daisy Smith



Fermat Sec. V - Kayla Wolf



Fermat Sec. V - Julia Cianci

YEARBOOK COMMITTEE



Advisors:
Ms. Lessey
Ms. Lantosh
Ms. Jones



Committee
Katherine Doré, Xiren (Amy) Tian,
Sascha Azouz, Simona Ruscio,
Emma Provençal, Liana Cianci
Katalina Toth, Daisy Smith
Emilie Shalhoub, Sarah Shalhoub
Elena Apostolatos, Amanda Emblem,
Sarah Elkas



THE EDITORS



Victoria Caldarone



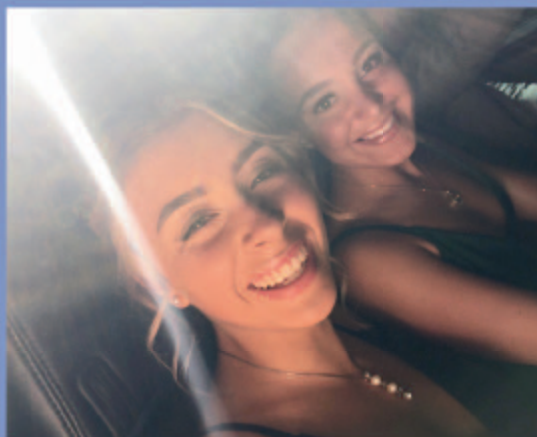
Morgan Azouz

A Note From the Editors

It was such a great pleasure to be the Editors of this year's Memory Book. It was a journey that was extremely rewarding. This experience allowed us to grow as leaders, creative and critical thinkers, as well as to become even closer friends. Our hope for this year's Memory Book was to truly capture the essence of what it means to be a Sacred Heart Girl. We hope that you all enjoy the book and looking back on 2017-2018's amazing memories.

Sincerely, your Editors,

Victoria Caldarone and Morgan Azouz



8:30 am: Morning greetings from the prefects

Don't forget your school shoes!



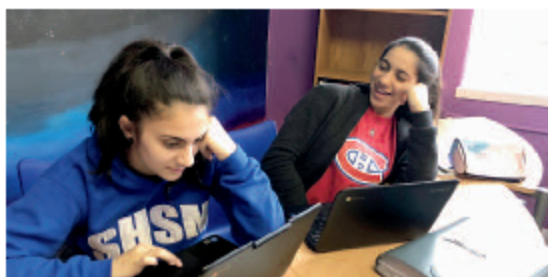
10:15 am: Détente

Finally! We're starving!



11:05 pm: Back to class

Everyone has their favourite class!



12:05 pm: Lunch

Time to refuel!



3:10 pm: End of the day

Peace! We're out!



A Day At SHSM



Prefects 2018



STUDENT COUNCIL EXECUTIVE

Gabriella Marsilii: President
Tatitana Ranieri-Thompson: VP
Pina Piazza: Secretary Treasurer
Jenna Caprera: Service Coordinator
Elizabeth Aiken: Environmental Coordinator
Julia Cianci: GAA Head
Sara Anelli: GAA Head

HOUSE HEADS:

Lilah Caprera: Barat
Taranjot Padda: Hardey
Alessia Di Salvatore: Trincano
Victoria Quintin: du Rousier
Kayla Wolf: Sheldon
Laura Pitruzzello: Digby
Julia Buggé: Stuart



Secondary 1 Class of 2022



Sienna Bêliveau
Kristina Boulet
Chiara Caucci
Madeline Christopoulos
Rhea Cimino
Charlotte Cochrane
Chiara Colafabio



Lindsay Couturier
Brenna D'Ambrosio
Jamie Diabo
Olivia Diamantopoulos



Jenna Downey
Mikayla Forlini
Salma Hanano
Erika Iorio



Penelope Karounis
Sabrina Kersheh
Julia Kubisztal
Zoe Lambroulias
Ziqing (Orchid) Lan
Meggie Le
Immacolata Lombardi





New friendships formed



Yaru Luo
Samantha Marino
Keisha Marshall
April McLeod
Lorena Migliorelli
Olivia Odorisio
Camila Pampillo
Manzur



Chiara Paolitto
Amber Papadopoulos
Elia Paré
Cassandra Pietramala



Felicia Presti
Mariam Ramlawi
Simona Ranieri-
Thompson
Sabrina Roberts



Méganne Zabbal
Baoxin (Cindy) Zhang

Secondary 2 Class of 2021



Joelle Abouserhal
Natascha Aiken
Leah Amodeo
Rebecca Barakett
Alyssa Bucaro
Sofia Buggé
Vanessa Buggé



Fabiana Calce
Cettina Cammalleri
Stefanie Capozzo
Luisa Carranza Aranda
Emily Christie



Emma Coppola-
Popieraitis
Jessica Cristiano
Nora Cunningham
Katerina D'Ambrosio
Madison D'Souza



Maya Da Silva-Rosa
Tara Delaney
Yasmina Di Lullo
Sarah-Nicole Di Paola
Lara Dimitri
Laurena Ferraro
Félicia-Jessica François
Mesina





Julia Gagné
Ainsley Goodleaf
Yaqi (Gigi) He
Zhilin (Linda) Hu
Ava Iorio
Rathisha Iyadurai
Kyoeun Kim



Jura Anne Kruszewski
Yuanyuan (Emily) Luo
Sophia Magafas
Mara Mastrocola
Sofia Mignacca
Chloe Miller
Megan Montoni



Ciara Moore
Cienna Nemeth
Maika Palmieri
Eliana Pantazopoulos
Amanda Paterson
Evagelia Rokas
Ava Rowe



Nicole Sabourin
Jaymie Sacchetti
Michela Santini
Catharina Marianne
Schoch
Sofia Serabian
Yichen Shen
Jordan Smith



Pallas Thomas
Brianna Tutino
Amanda Valente
Jacqueline Van Aelst
Elleana Vardaro
Francesca Volpato
Reese Wereley

Secondary 3 Class of 2020



Elena Apostolatos
 Talia Atallah
 Cassandra Baldry
 Isabel Blin
 Leila Bector-Moghaddam
 Zoë Boosamra
 Julia Cacioppo



Christina Capus
 Liana Cianci
 Jenna Coverini
 Sarah Elkas



Tianxin (Amanda) Fu
 Lauren Gale
 Anna Garon
 Apollonia Griffin



Clara Hlibchuk
 Xindi (Cindy) Hu
 Stuti Kundu
 Soojin (Susie) Lee
 Yoojin (Eunice) Lee
 Hannah Lee Poy-Paxman
 Ruitong (June) Liu





Friendships that last a lifetime



Jennifer McDonald
Olivia Migliorelli
Catherine Mourelatos
Gabriela Nicolau
Emma Maria Provençal
Simona Ruscio
Ashley Sakaitis

Sofia Scalia
Isabelle Jasmin Schoch
Sarah Shalhoub
Qinyun (Linda) Song
Christina Stappas
Kexin (Aniya) Sun
Giulianna Valente

Lola Vincenti
Alice Voizard
Yuqi (Tina) Wang
Lina Weiss
Bridgett Williams

Yimin (Nina) Wu
Yaxin (Catherine) Xiong
Jiamin (Fannie) Yuan
Hao (Rebecca) Yue
Xuyi (Wendy) Zhou

Secondary 4 Class of 2019



Maria Balzaretto
Madison Berros
Shannon Blake
Katalina Couto



Erika Delucilla
Emiliana Di Nolfo
Caitlin Downey
Amanda Emblem
Stefanie Frances
Lorina Frelin Von Stengel



Daphne Giroux
Tiana Iacobelli
Sophie Koestner
Jasmine Kiki Lightfoot
Yanping (Kris) Lu
Yixiun (Carol) Qin



Laura Maréchal-Houillon
Laura Michetti
Elisabeth Morena
Nicoletta Pantazopoulos
Madison Passingham
Amberlie Pereira



New Friends, Same Family



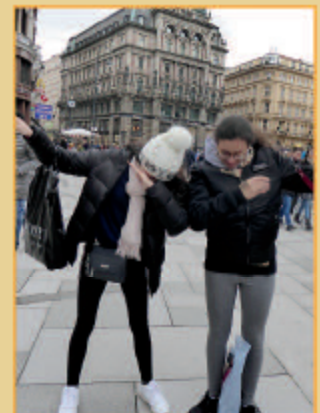
Rozanna Ralbovsky
Angela Rodriguez Guerra
Emilie Shalhoub
Jiajie (Crystal) Shan
Sydney Shun



Grace Singer
Daisy Smith
Amanda Stevenson
Olivia Torralbo
Katalina Toth
Maya Vardaro



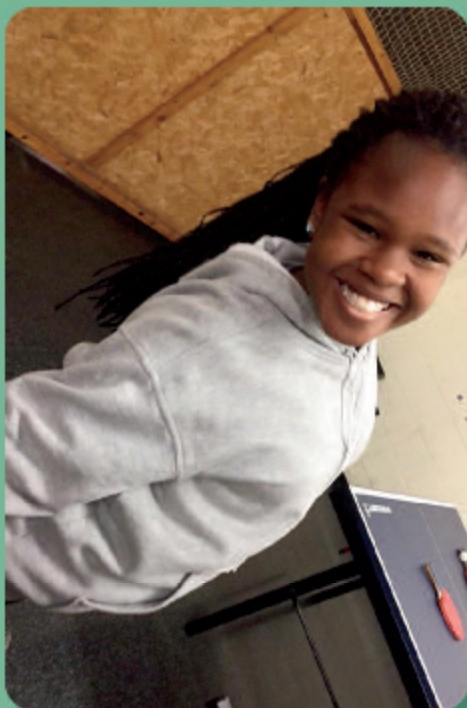
Veronica Verenini
Elia Viviani
Wenyu (Winnie) Zhang
Maria Ziannis



Secondary 1 Retreat



The Sec. 1 retreat was so much fun! We played lots of amusing games to get to know each other. Later, we watched the movie "Inside Out" and talked about what the story meant. We're all excited for the next retreat together!



Secondary 2 Retreat

I especially liked the anti-bullying activity! -Jaymie

Can't wait to go back next year. -Eva



The movie was really good.
It was a great break from
school! -Tara



It brought us together as a family. -Sofia S.



Ping-pong was fun. -Sofia B.

Especially when the ball got stuck in the trash.

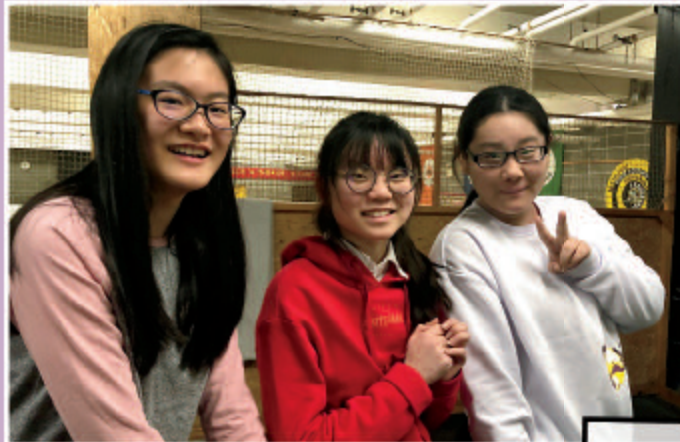
-Jessica



We had fun playing ringette. -Madison



Secondary 3 Retreat



... You are loving.



... You light up a room.



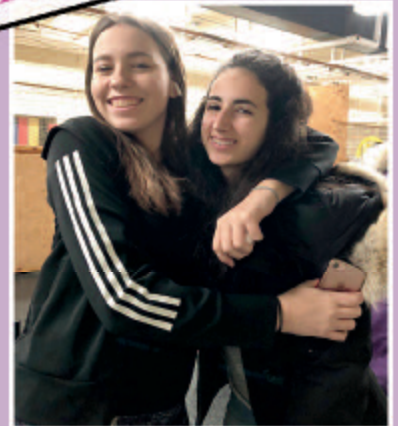
You are a miracle because...



... You are kind.



... You make me smile.



Secondary 4 Retreat



We Came. We Saw. We Conquered.



LIFE AT SACRED





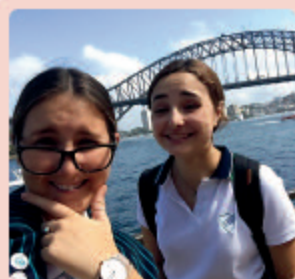
Katherine Doré V

Kate welcomed her exchange student Margaux Taylor from the Kincoppal Rose Bay School in Rose Bay, New South Wales, Sydney, Australia.



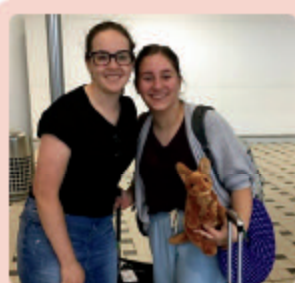
Emma Platt V

Emma welcomed her exchange student Maddy Greentree from the Kincoppal Rose Bay School in Rose Bay, New South Wales, Sydney, Australia.



Grace Singer IV

Grace welcomed her exchange student Lelah Smith from the Stuartholme School in Brisbane, Australia.



Across the globe:
Student Exchange



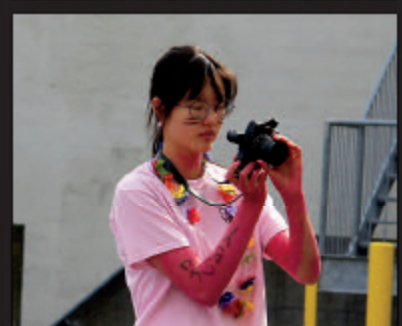
du Rousier

House Head: Victoria Quintin
Co-Captains: Victoria Caldarone,
Ava Iorio and Grace Singer



Digby

House Head: Laura Pitruzzello
Co-Captain: Madison
Passingham





Barat

House Head: Lilah Caprera
Co-Captains: Caitlin Downey,
Stefanie Frances and Jenna
Caprera



Duchesne

Co-Captains:
Darcy Sabourin, Andai Lyu
and Nastasia Butorac





Hardey

House Head: Taranjot Padda

Co-Captain: Katalina Toth



Trincano

House Head: Alessia Di Salvatore
Co-Captains: Daphne Giroux
and Jasmine Lightfoot





Stuart

House Head: Julia Buggé
Co-Captains: Olivia Torralbo
and Angeliki Trifinopolous



Sheldon

House Head: Kayla Wolf
Co-Captains: Daisy Smith and
Talia Pirro





Sports Day



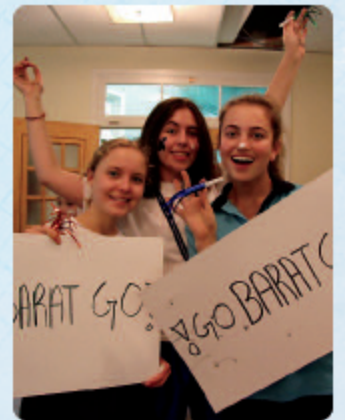
"Such a blast"
-Victoria C.



"Best sports day
yet!"
-Madison P.



LÜAU



GIRLS FOR THE CURE

Committee:

Jenna Caprera
Lilah Caprera
Katalina Couto
Katherine Doré
Caitlin Downey
Stephanie Frances
Daphne Giroux
Jasmine Lightfoot
Talia Pirro
Olivia Torralbo
Maya Vardaro
Angeliki Trifonopoulos



This year, girls from the Sacred Heart School of Montreal, Miss Edgar's and Miss Cramp's School for Girls, Lower Canada College, Trafalgar School for girls and the Study, collected donations to benefit St. Mary's Hospital Cancer Care. Students walked to Molson Percival stadium's center-field in a massive gesture of support in the fight against women-related cancers. Our efforts helped raise an amazing \$80,877!



COMMUNITY SERVICE DAY



SPIRIT DAY





Christmas Wishes



This year, the Christmas Wishes script was written by three extremely talented writers: Taranjot Padda, Antonina Yakobson and Jenna Caprera.

The story took place right here at Sacred Heart in residence, where students were locked in the school and could not leave to join their families for Christmas. Lovable characters such as Frosty the Snowman and Rudolph helped when Santa was kidnapped by the Grinch. The characters and the students searched the school to find jolly old St. Nick, and once he was rescued, all was well for everyone... except for the Grinch...

Christmas Concert





Laura Michetti
Shannon Blake
Madison Passingham
Kayla Wolf
Morgan Azouz
Pina Piazza
Tatiana Ranieri-Thompson
Carnival Committee

CARNIVAL 2018

VILLA MARIA,
SACRED HEART
& LOYOLA



DANCE THE NIGHT AWAY!



DASHABUSTADD 2018



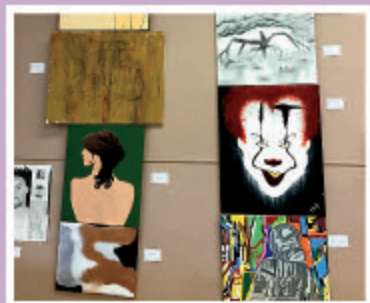
Such amazing talent at Sacred Heart!

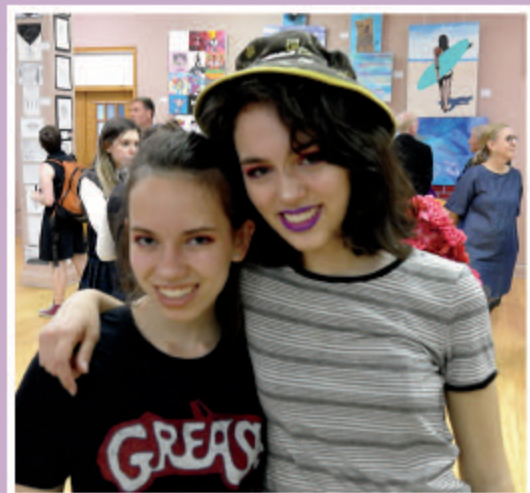


ARTS FESTIVAL



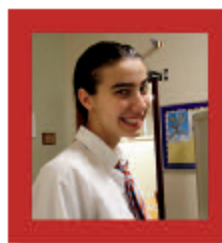
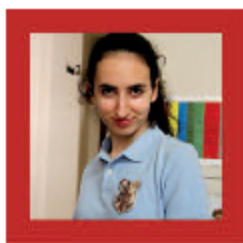
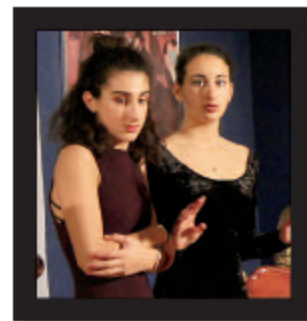
ART STRIKES BACK



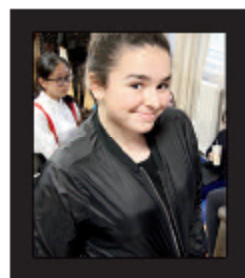
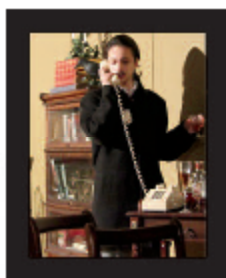




Hearts

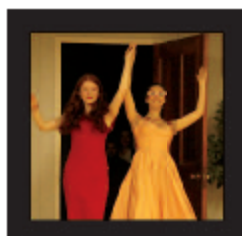
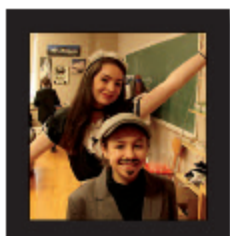
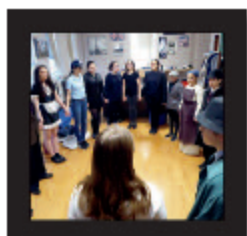
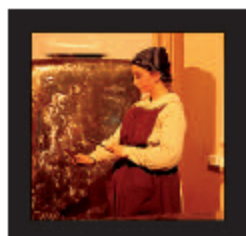
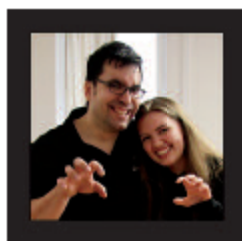


FINAL PRODUCTION:





Spades



CLUE

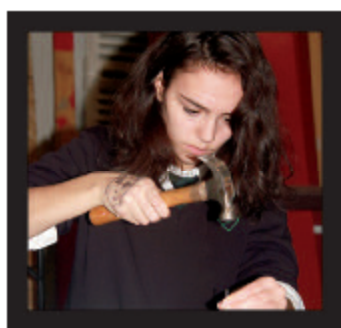


WAS IT PROFESSOR PLUM IN THE LIBRARY WITH THE PISTOL? OR MRS. WHITE IN THE PIANO ROOM WITH THE NOOSE? MAYBE IT WAS MR. BEAUVAIS OR MS. JONES IN THE RECEPTION ROOM WITH THE SCRIPT?

THE CLASSIC BOARD GAME CAME TO LIFE WITH NOT ONE, BUT TWO CASTS OF CIRCUMSPECT SUSPECTS IN A ROUNDABOUT COMEDIC TOUR DE FORCE THAT LEFT AUDIENCES BEGGING FOR MORE CLUES!

ASIDE FROM LEAVING AUDIENCES GUESSING AND GUFFAWING, THE PLAY LEFT THE CAST AND CREW WITH MEMORIES THAT WILL LAST A LIFETIME!

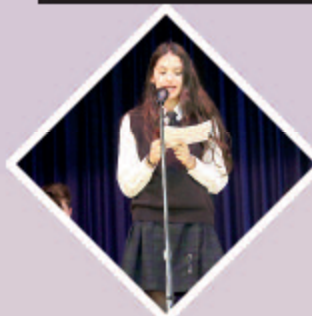
#MYICECREAMISMELTING



Semaine de Français



Pour la semaine de Français, les deux classes de Francophonie de troisième secondaire ont présenté une pièce de théâtre. Intitulée *Mère Nature en Grève*, cette pièce parlait de protéger notre planète en danger à cause de la pollution. Chaque élève avait un rôle soit sur scène comme actrice ou soit dans les coulisses. Félicitations pour un travail bien fait et apprécié!

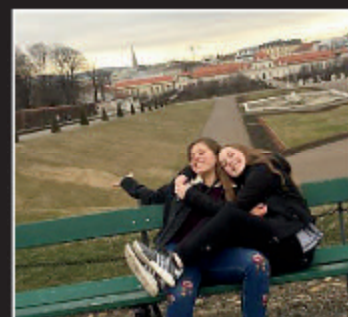
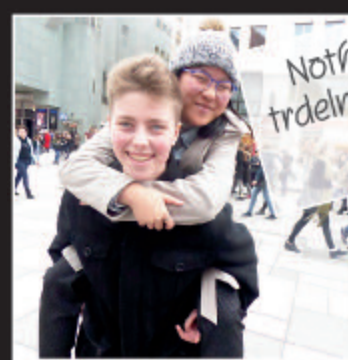
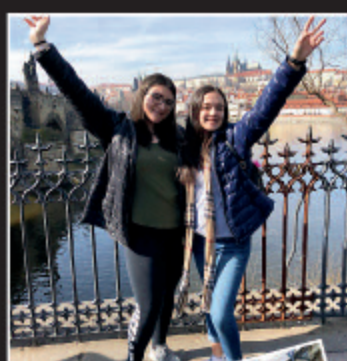


International Students



The Sacred Heart School of Montreal re-introduced boarding for our International Program! We welcomed new students from countries such as China, El Salvador, Mexico, and South Korea!







Europe Trip 2018

Munich

Brno

Salzburg

Dresden

Vienna

Prague

Berlin



A DAY IN THE LIFE...



SACRED GIRLS ARE

SPORTS & CLUBS



ACTIVE & INVOLVED



SOCCER



Kristina Boulet, Cettina Cammalleri, Nora Cunningham, Lara Dimitri, Jenna Downey, Salma Hanano, Erika Iorio, Samantha Marino, Chloe Miller, Maïka Palmieri, Chiara Paolitto, Amber Papadopoulos, Simona Ranieri-Thompson, Eva Rokas, Méganne Zabbal
Coach - Mr. McRae



Elena Apostolatos, Cassandra Baldry, Zoë Boosamra, Julia Cacioppo, Liana Cianci, Katerina D'Ambrosio, Madison D'Souza, Sarah Elkas, Laurena Ferraro, Anna Garon, Hannah Lee Poy-Paxman, Jennifer McDonald, Catherine Mourelatos, Gabriela Nicolau, Sarah Shalhoub, Elleana Vardaro, Francesca Volpato
Coach - Mr. Gallo



Sara Anelli, Lilah Caprera, Julia Cianci, Caitlin Downey, Kristen Harris, Tiana Iacobelli, Jasmine Lightfoot, Gabriella Marsilii, Laura Michetti, Elisabeth Morena, Pina Piazza, Talia Pirro, Darcy Sabourin, Eliana Viviani, Kayla Wolf
Coach - Ms. Newton



VOLLEYBALL



Bantam Volleyball

Jura Kruszewski, Ciara Moore, Julia Gagné, Brianna Tutino, Lorena Migliorelli, Chiara Colafabio, Chiara Caucci, Sienna Béliveau, Olivia Odorisio and Madeline Christopoulos
Coach - Andrea Naday



Midget Volleyball

Nicole Sabourin, Sarah-Nicole Di Paolo, Jessica Cristiano, Kyoeun Kim, Jenna Coverini, Joelle Abouserhal, Pallas Thomas and Vanessa Buggé
Coach - Ms. Ramacieri



Juvenile Volleyball

Laura Pitruzzello, Daisy Smith, Julia Buggé, Erika Delucilla, Alexandra Gagliano, Stephanie Frances, Shannon Blake, Amanda Stevenson and Daphne Giroux
Coach - Ms. Littman



CROSS COUNTRY RUNNING



Rhea Cimino, Mara Mastrocola, Reese Wereley, Erika Delucilla,
Sascha Azouz, Hannah Johnston, Elena Apostolatos, Cassandra Baldry
Coaches - Ms. Vaupshas & Mme Belfort



GOLF

Jacqueline Van Aelst, Ava Iorio, Katherine Doré, Daisy Smith
Coach - Ms. Newton



SWIMMING



Elizabeth Aiken
Elena Apostolatos
Cassandra Baldry
Shannon Blake
Chiara Caucci
Yasmina Di Lullo
Anna Garon
Apollonia Griffin
Xindi Hu
Ava Iorio
Hannah Johnston
Zoe Lambroulias
Meggie Le
Mara Mastrocola
Felicia Presti
Rosanna Ralbovsky
Ava Rowe
Emilie Shalhoub
Reese Wereley
Maria Ziannis

Coach - Ms. Newton



HOCKEY



Leah Amodeo, Elena Apostolatos, Cassandra Baldry, Zoë Boosamra, Emily Christie,
Madison D'Souza, Brenna D'Ambrosio, Caitlin Downey, Sarah Elkas, Lauren Gale,
Tiana Iacobelli, Zoe Lambroulias, Hannah Lee Poy-Paxman, Jennifer McDonald
Faculty Advisor - Mr. Judson



BADMINTON

BANTAM



Coach: Ms. Martel

Nicole Sabourin, Catharina Schoch, Rathisha Iyadurai, Chiara Caucci, Ziqing (Orchid) Lan, Kyoeun Kim, Meggie Le

MIDGET



Coach: Ms. Martel

Sophie Koestner, Sarah Shalhoub, Yaxin (Catherine) Xiong, Wendy Zhou, Simona Ruscio, Isabelle Schoch, Sarah Elkas, Zoë Boosamra, Soojin (Suzie) Lee, Lauren Gale

JUVENILE



Coach: Ms. Martel

Laura Pitruzzello, Taranjot Padda, Kayla Wolf, Gabriella Marsilii, Daisy Smith, Amanda Stevenson, Eleni Magafas and Angeliki Trifonopoulos

TENNIS

MIDGET



Coach: Ms. Rath

Anna Garon, Elena Apostolatos, Cassandra Baldry, Sarah Shalhoub, Sarah Elkas, Catharina Schoch

JUVENILE



Coach: Ms. Rath

Kristen Harris, Talia Pirro, Laura Pitruzzello, Amanda Stevenson, Maria Balzaretto, Isabelle Schoch



BASKETBALL



BANTAM

Coaches: Ms. Artinian & Ms. Ramacieri

Charlotte Cochrane, Chiara Colafabio, Olivia Diamantopoulos, Salma Hanano, Julia Kubisztal, Samantha Marino, April McLeod, Simona Ranieri-Thompson, Méganne Zabbal and Cindy Zhang



MIDGET

Coaches : Ms. Newton & Ms. Broadhurst

Julia Cacioppo, Liana Cianci, Jenna Coverini, Maya Da Silva-Rosa, Megan Montoni, Catherine Mourelatos, Gabriela Nicolau, Nicole Sabourin, Sarah Shalhoub, Julianna Valente, Lola Vincenti, Bridgett Williams



JUVENILE

Coach: Ms. Littman

Division II Champions

Sara Anelli, Lilah Caprera, Julia Cianci, Erika Delucilla, Jasmine Lightfoot, Gabriella Marsilli, Elisabeth Morena, Pina Piazza, Laura Pitruzzello, Tatiana Ranieri-Thompson, Kayla Wolf



FOOTBALL



BANTAM



Coaches: Mr. McRae & Kyrstin Coughlin

GMAA Division III Champions

Chiara Colafabio, Chiara Caucci, Olivia Diamantopoulos, April McLeod, Simona Ranieri Thompson, Méganne Zabbal, Natascha Aiken, Katerina D'Ambrosio, Madison D'Souza, Laurena Ferraro, Kyoeun Kim, Nicole Sabourin, Catharina Schoch, Pallas Thomas

MIDGET



Coach - Ms. Newton

GMAA Division III Champions

Daphne Giroux, Caitlin Downey, Elisabeth Morena, Lola Vincenti, Sarah Elkas, Isabelle Schoch, Cassandra Baldry, Anna Garon, Lauren Gale, Zoë Boosamra, Hannah Lee Poy-Paxman, Liana Ciani, Gabriela Nicolau, Elena Apostolatos

JUVENILE



Coach - Ms. Littman

GMAA Division III Champions

Julia Ciani, Sara Anelli, Lilah Caprera, Gabriella Marsilli, Kayla Wolf, Tatiana Ranieri-Thompson, Pina Piazza, Kristen Harris, Talia Pirro, Victoria Quintin, Alessia Di Salvatore

TRACK AND FIELD



Coaches - Mme. Belfort, Ms. Beaudet and Ms. Newton

Sienna Béliveau, Tara Delaney, Jenna Downey, Madison D'Souza, Mara Mastrocola, Olivia Odorisio, Chiara Paolitto, Reese Wereley, Catharina Schoch, Pallas Thomas, Francesca Volpato, Elena Apostolatos, Cassandra Baldry, Zoë Boosamra, Julia Cacioppo, Liana Cianci, Sarah Elkas, Lauren Gale, Anna Garon, Tiana Iacobelli, Jasmine Lightfoot, Catherine Mourelatos, Sarah Shalhoub, Sascha Azouz, Lilah Caprera, Julia Cianci, Erika Delucilla, Emiliana Di Nolfo, Alexandra Gagliano, Eleni Magafas, Daisy Smith, Amanda Stevenson

HALO TEAM



Coach - Ms. Vaupshas

Elena Apostolatos, Liana Cianci, Jennifer McDonald, Mara Mastrocola, Reese Wereley, Sascha Azouz, Anna Garon, Ciara Moore, Sara Anelli, Julia Cianci, Nora Cunningham, Rathisha Iyadurai, Jura Kruszewski, Cassandra Baldry, Lilah Caprera



SPORTS



TOURNAMENTS



This year, our Junior and Senior soccer teams, as well as the Senior basketball team all participated in CAIS tournaments. The Junior soccer team coached by Mr. McRae travelled to Hamilton Ontario where they won a silver medal! The Senior soccer team coached by Ms. Newton competed in St. John N.B. and the Senior basketball team travelled to Winnipeg Manitoba with Ms Littman. Way to go Saints!



SPORTS BANQUET



**TEAM OF THE YEAR:
JUVENILE BASKETBALL**

**JUNIOR ATHLETIC AWARD:
CASSANDRA BALDRY**

**SENIOR ATHLETIC AWARD:
JULIA CIANCI**

**AWARD OF HONOUR:
LAURA PITRUZZELLO**



CLUBS



Junior Band



Conductor: Ms. Gorham
Members: Secondary II students

Concert Band



Conductor: Ms. Gorham

Members: Sarah Allen, Marianne Beirouti, Isabel Blin, Katalina Couto, Jenna Coverini, Nora Cunningham, Yasmina Di Lullo, Amanda Emblem, Alexandra Gagliano, Hannah Lee Poy-Paxman, Soojin (Susie) Lee, Yoojin (Eunice) Lee, Emma Provençal, Yixuan (Carol) Qin, Rozanna Ralbovsky, Daisy Smith, Amanda Stevenson, Jezebel Toussaint, Veronica Verenini, Jiamin (Fannie)Yuan, Hao (Rebecca) Yue

Robotics



Faculty Adviser:
Mr. Reda

Members: Meggie Le,
Amanda Paterson,
Isabel Blin, Katalina
Couto, Sophie Koestner,
Alexandra Gagliano,
Jezabel Toussaint

Les Olympes de la Parole

Faculty Adviser:
Ms. Rath

Members:
Daisy Smith,
Daphne Giroux,
Katalina Toth



The Pulse



Faculty Adviser: Ms. McIvor

Editor in Chief: Taranjot
Padda

Contributors:

Antonina Yakobson, Julia
Kubisztal, Sabrina Roberts,
Sarah Allen, Stefanie Capozzo,
Xiren (Amy) Tian, Katalina
Toth, Nicole Romero, Daisy
Smith, Eliana Pantazopoulos,
Bianca Mercuri

Literary Magazine



Faculty Advisor: Ms. McIvor

Senior Editor: Antonina Yakobson

Members: Kerri-Lee Commier, Alexandra Gagliano, Jezabel Toussaint, Taranjot Padda, Daisy Smith, Katalina Toth, Marianne Beirouti

Battle of the Books



Faculty Advisor: Ms. Harrison

Members: Emilie Shaloub, Sophie Koestner, Rozanna Ralbovsky, Daisy Smith, Brianna Tutino, Jordan Smith

Photography Club



Faculty Adviser:
Ms. Gendron

Members: Maria Balzaretti, Angela Rodriguez, Luisa Carranza Aranda, Antonina Yakobson, Taranjot Padda, Lina Weiss, Emma Platt, Angeliki Trifonopoulos, Kerri-Lee Commier, Chloe Miller, Xiren (Amy) Tian

Art Club

Faculty Adviser: Ms. Gendron

Members: Antonina Yakobson, Taranjot Padda, Ainsley Goodleaf, Xindi (Cindy) Hu, Yuanyuan (Emily) Luo, Eleni Magafas, Madeline Christopoulos, Sophia Magafas, Maria Balzaretti, Yichen Shen, Yuqi (Tina) Wang, Angela Rodriguez, Yaqi (Gigi) He, Qinyun (Linda) Song, Kexin (Aniya) Sun, Hyeryung (Ally) Youn, Simona Ruscio, Xuyi (Wendy) Zhou, Yanping (Kris) Lu, Kerri-Lee Commier, Jezabel Toussaint, Yimin (Nina) Wu, Wenyu (Winnie) Zhang, Andai Lyu, Luisa Carranza Aranda, Ruitong (June) Liu, Yaxin (Catherine) Xiong, Rozanna Ralbovsky, Zhilin (Linda) Hu



Debating



Faculty Adviser: Ms. Tradel

Members: Alexandra Gagliano, Amanda Paterson, Brianna Tutino, Cienna Nemeth, Elizabeth Aiken, Emma Coppola-Popieraitis, Jordan Smith, Natascha Aiken, Pallas Thomas, Jura Kruszewski

Model UN



Faculty Advisor: Ms. Cusma-Dovico

Members: Amanda Emblem, Katalina Toth, Antonina Yakobson, Taranjot Padda, Daisy Smith, Alexandra Gagliano, Elizabeth Aiken, Rozanna Ralbovsky, Emilie Shaloub, Julia Buggé, Olivia Torralbo

Free the Children

Faculty Advisor: Ms. Cusma-Dovico

Club Co-ordinators: Jenna Caprera and Katherine Doré.

Members: Sofia Scalia, Amanda Emblem, Antonina Yakobson, Taranjot Padda, Elizabeth Aiken, Yasmina Di Lullo, Megan Montoni, Madison D'Souza, Bianca Mercuri, Evagelia Rokas, Eleni Magafas, Angeliki Trifonopoulos, Emma Platt, Morgan Azouz, Laurena Ferraro



Faculty Scholars



Faculty Advisor: Mr. Judson

Members: Amanda Stevenson, Daisy Smith, Sarah Elkas, Yasmina Di Lullo, Katalina Toth, Amanda Emblem, Elena Apostolatos

Sounds of Hope

On Friday, April 6, 2018, students from Sacred Heart and The Priory walked together, making beautiful noise in the streets of our neighbourhood. Our goal was to raise both awareness and money for The Montreal Children's Hospital Foundation. We collected over \$6,000 dollars through a variety of fundraisers including chocolate and raffle sales, and free dress days.



\$tudent \$tock Exchange



Secondary V students enrolled in the Entrepreneurship elective participated in Sacred Heart's annual Student Stock Exchange (SSX).

Students developed an innovative idea/product, formed a company, and sold their products to the school community. SSX nurtured students' entrepreneurial and collaborative skills.

Each team designated a position for each of its members, including CEO, accountant, company lawyer, and directors of marketing and purchasing. Teams defined a mission statement and an ethics charter for their company, developed a budget and raised capital, provided for accounting and accountability procedures, conducted surveys, market analysis and advertising, reviewed legal obligations, promoted and sold products, and established a charitable giving policy.

This year SSX featured four dynamic enterprises:

Hawaiian Breeze, featured Hawaiian style tropical drinks and desserts. Their selected charity was The World Wildlife Fund (WWF).

Cabane à Sacred, served Beaver Tails, poutine and tire sur la neige. Their selected charity was The Children's Hospital Foundation.

Subpreme Sangwiches, specialized in Italian sub-style sandwiches and salads. The charity they selected was Team Anissa, Light the Night Foundation.

Pasta La Vista, delivered delicious Italian favorites such as gnocchi pomodoro and cannoli. Their charity was Gerdy's Rescue and Adoptions.

In total, Sacred Heart's SSX Teams collectively raised \$4,967.50 for their selected charities and were recipients of the following awards from SSX Canada:

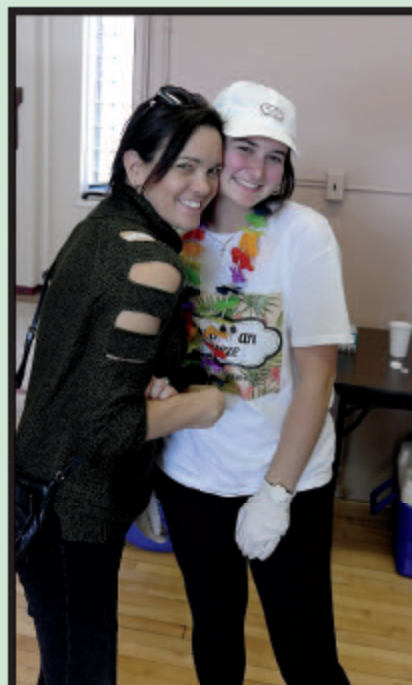
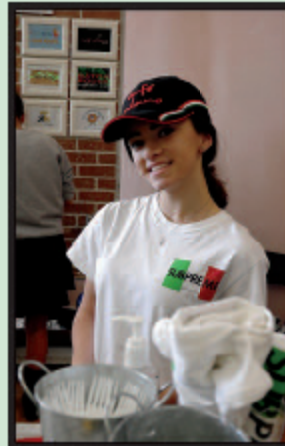
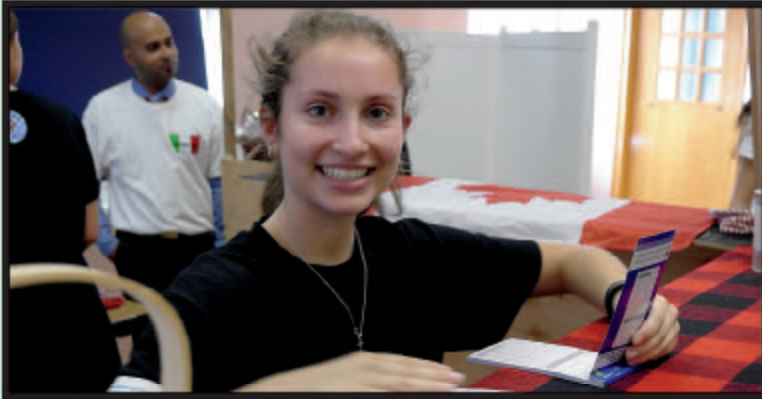
Most Creative Company Logo: Cabane à Sacred

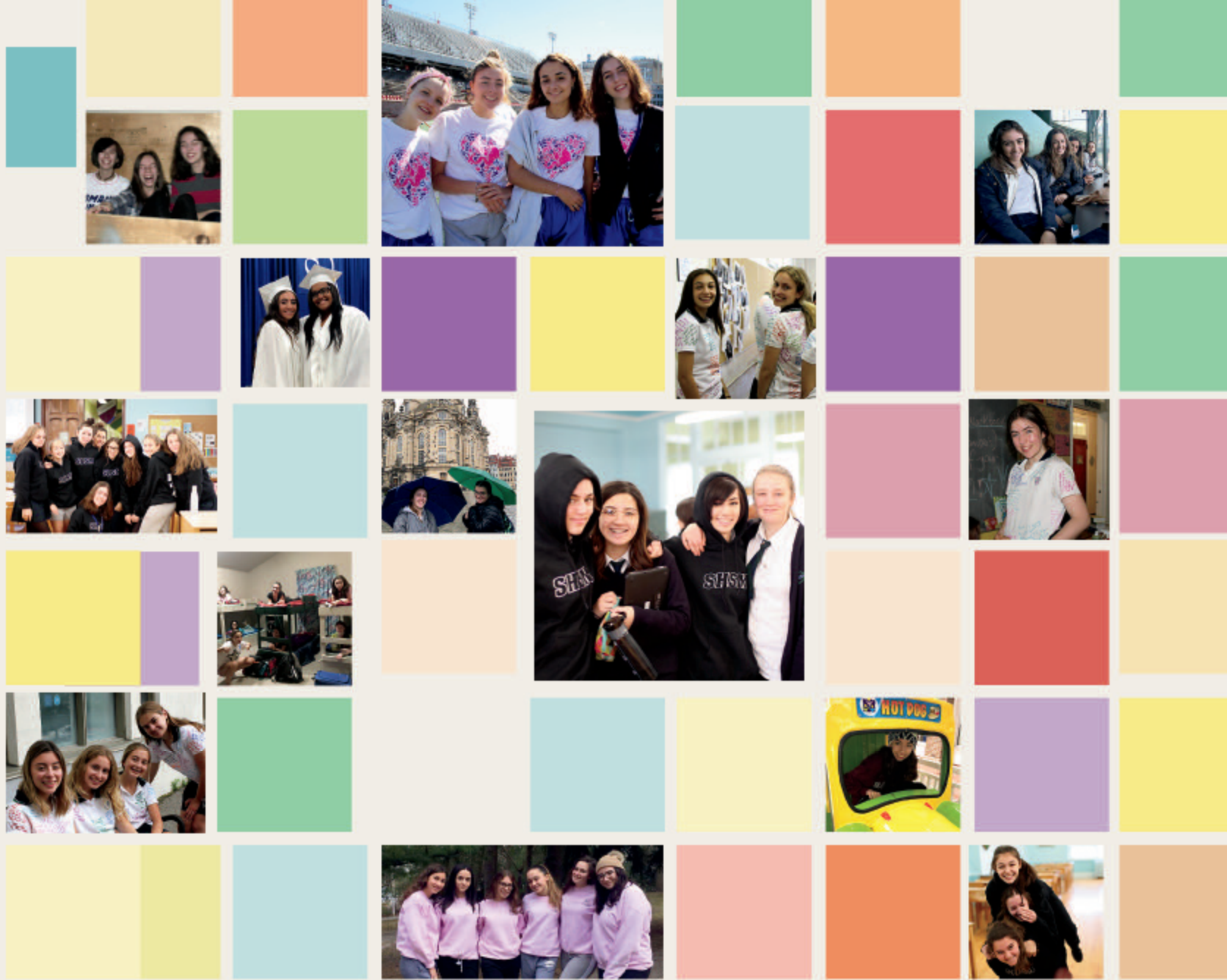
Best Video Commercial: Pasta la Vista

Best Marketing & Advertising: Pasta la Vista

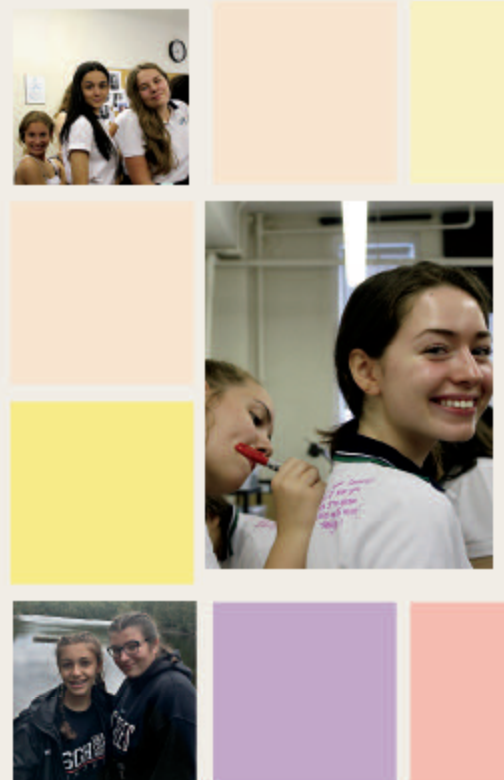
Best Packaging & Presentation: Pasta la Vista





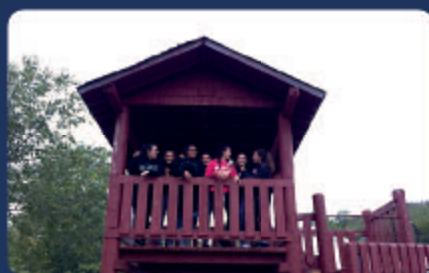


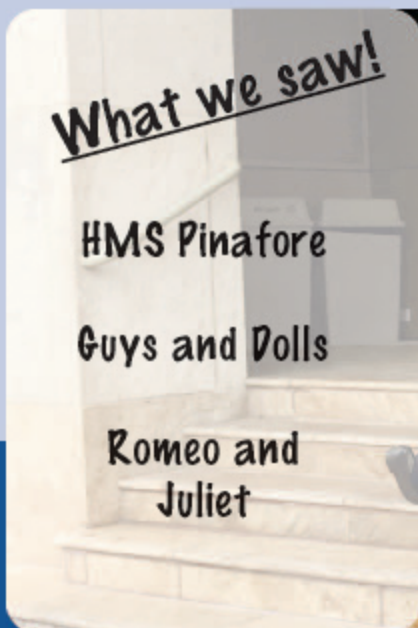
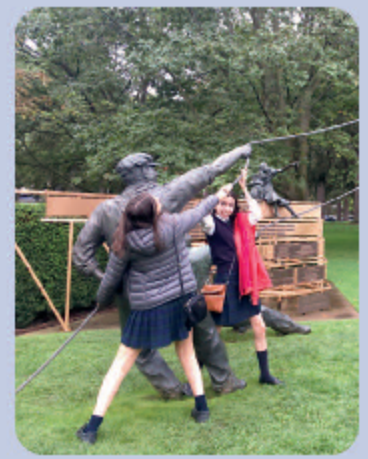
Graduates 2018



Camp Kinkora Sec V Retreat

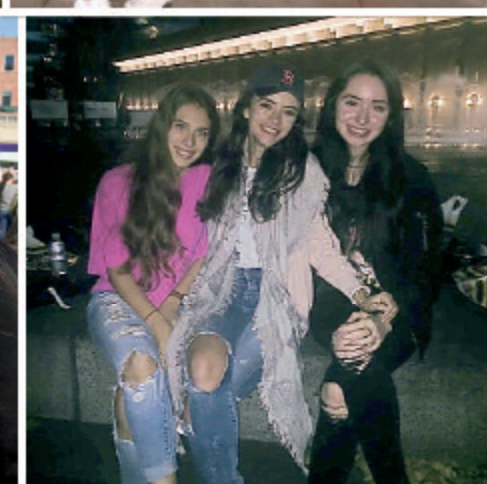
*"The best thing
about Memories...
Is making them."*





Stratford Trip

Sec 5 Grad Trip: Boston





Secondary 5 Candid



THE SACRED HEART SCHOOL OF MONTREAL

Wednesday, June 22, 2018

Convocation Ceremony



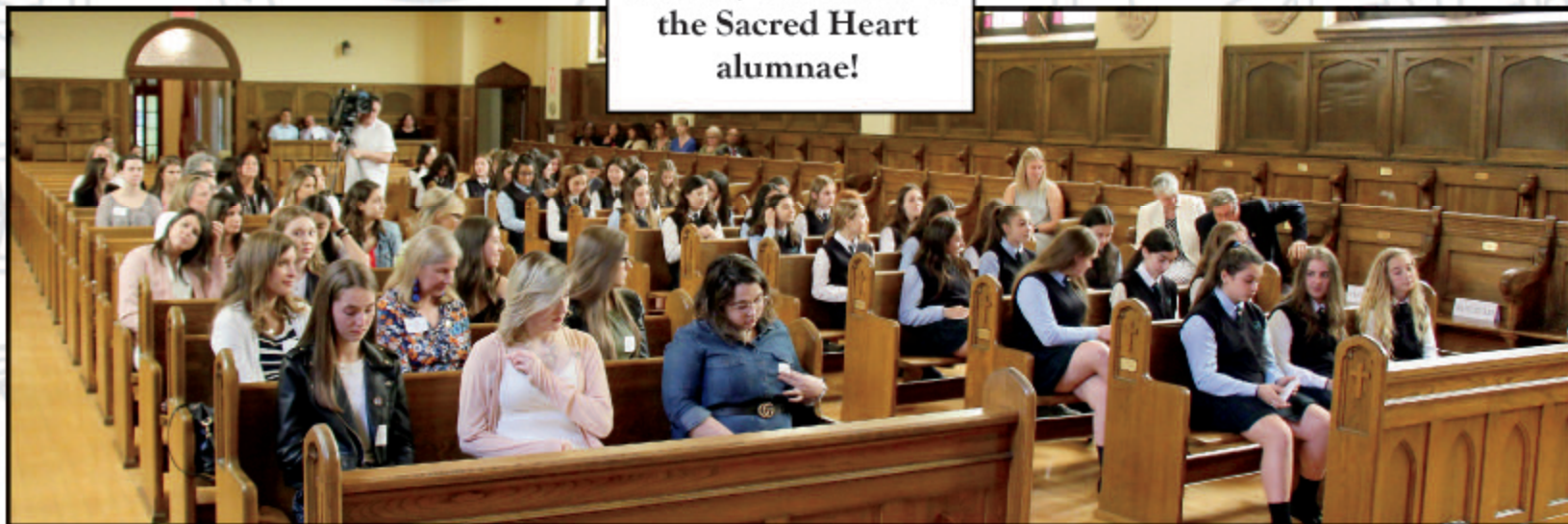
We're all in this together!



The Pin Ceremony



Officially a member of
the Sacred Heart
alumnae!



Valedictorian

Laura Pitruzzello



Good afternoon Mr. O'Donnell, Ms. Maloni, Faculty, Families, Friends, Guests and Graduates. I am incredibly honoured and excited to be standing here in front of you today as Valedictorian, representing the Graduating Class of 2018. Today is a special day. Today we celebrate all of our memories and accomplishments, all while looking forward to what the future has in store for us.

I think that it's safe to say, that no matter the number of years spent at the fine institution that is The Sacred Heart School of Montreal, we have all truly made unforgettable memories, formed lifelong friendships and become the strong, independent young women sitting in caps and gowns here today.

Think about how far we've come both as individuals, and as a class. On August 28, 2013, most of us walked through the big, scary Penfield doors as shy and timid 12-year-olds, nervous about the next chapter in our lives: high school. We were welcomed by that year's Prefects who we will never forget, like Tori and Serena. Our skirts were way past our knees, our top buttons were buttoned perfectly, and our huge backpacks were weighing us down, almost bursting with how many binders we were carrying. It feels like it was just yesterday. Though some of us were scared of the very intimidating Priory gang, or NDS crew, we began making friends and learning the ins and outs that came along with being a Sacred girl: our first General Assembly, our first Girls for the Cure, our first House Meeting, our first Sports Day, our first Christmas Wishes. We slowly but surely grew up together.

Now fast forward to this very moment: our graduation ceremony. For the past five years, we, true Sacred girls, have always strived to be on top, and so many memories were created this very year. I think all 39 of you would agree that although Sec 5 was packed with more homework and projects than ever before, it was truly one of the best years of high school. Singing songs around the campfire at Retreat, having a blast at Sports day, singing on buses on various trips, countless memories created in the Prefect Room, the priceless adventures of Boston and the long 9-hour bus ride to Stratford all enabled us to grow closer to each other. For some of us, there was the infamous Europe Trip, from Hotel Slavia, to the interesting food, to the smallest showers in the world, and the endless fun memories, it was a trip never to be forgotten.

Extracurriculars, such as sports teams, band trips, and clubs have also made our high school experience memorable. As a class, we've brought home various sports banners throughout our five years; we've won individual medals and have formed close relationships with our fellow teammates and coaches, all thanks to Ms. Littman and Ms. Newton. When I think back to our high school years, one of the best parts is just the everyday stuff. Walking in the hallways, choosing whether to take the pink or yellow staircase, waving to Mr. Ward as we left the school, chilling out in Art classes with Ms. Gendron, the English teachers ingraining in us the importance of finding the perfect theme, Mr. Beauvais helping us with our existential crises and sometimes causing them, Mr. Judson helping us calm down by cutting the watermelon, Mme de Sainte Marie always giving out chocolate to brighten our days, our very intense debate about natural resources in Mr. Laperle's Geography class in Secondary II, learning about the dark ages with Ms. Potter, or just laughing until our stomachs hurt about a joke that one of us made. Also, Mr. Reda's entertaining physics classes filled with some hilarious examples about an object dropped and an object shot horizontally will forever be missed. One of my personal favorite memories in my 5 years at Sacred and the moment when I laughed the hardest was no doubt when Mr. Charlot broke the desk in French class in Secondary 2 Middle French, I'm sure all of you can remember it vividly.

I would like to thank, on behalf of the entire graduating class of 2018, all the teachers and members of administration who have really made our Sacred Heart experience what it was. The many close student-teacher bonds that have been formed are incredible and you all will truly be missed. In addition to our amazing teachers, I think we all owe a big thank you to none other than our parents. They have driven us to and from school when needed, brought us to any of our sports tournaments, taken the time to proofread our essays, given us a few encouraging words of advice when needed, and been there to celebrate all of our accomplishments. Thank you teachers and parents for guiding us through the difficult path that can be teenagehood. Now, to the Graduating Class of 2018: Whether the next chapter of your life is taking place at Dawson, Marianopolis, Vanier, John Abbott, CCI, Brébeuf or any other academic institution outside of the province, never forget the incredible memories that you've made at Sacred. At this point in our lives, we have the opportunity to go out into the world, find and pursue our passions and leave our footprints. We have been equipped with the tools necessary to depart from this school, our second home, and go out into the real world. Sacred has taught us numerous invaluable life lessons that we will always keep with us, no matter how far away we are from the physical building. The perseverance and resilience in each and every one of us will undoubtedly carry us a long way. Each of us has the brain, the heart, and the power to make the world a better place. Follow your dreams and do what makes you happy. Our time here will not be remembered by marks, report cards, popularity, or favourites, but by the friendships and relationships we have made with each other. Like High School Musical says, "We're all in this together. And it shows, when we stand, hand in hand, make our dreams come true." Class of 2018, it has been an amazing 5 years and from the bottom of my heart, I wish each and every one of you the very best. Congrats girls!



**Hannah
Johnston**

*The Jean Filipovich
Achievement Award
for Liberal Arts
*The Genny Marilley
'87 Memorial Prize for
Social Activism and
Community Service
*The Frances Smith
'65 Memorial Prize for
Significant
Contribution to School
Life



**Marianne
Beirouti**

*The Joanne Mastro
Award for Academic
Excellence in Religious
Studies
*The Provincial Council
Award for Compassion
and Exceptional
Dedication through
Social Action
*The City House
Foundation Bilingual
Proficiency Prize
*Five year Honour Roll
Prize



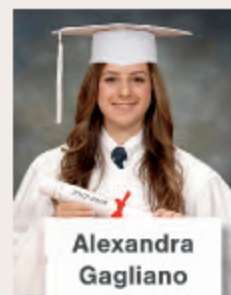
Julia Buggé

*The Judith Rossi
'80 Memorial Prize
for Drama
*The Sacred Heart
Debating Prize
*The Soeur
Annette
Archambault
Memorial Prize for
French Second
Language Enriched
*Five year Honour
Roll Prize



Julia Cianci

*The Auriol Wilkins '52
Roper Memorial Prize
for Contribution to
Sports
*The Norman T. Byrne
Memorial Prize for
Public Speaking
*The McGill Science
Award for Exceptional
Promise in Mathematics
*The Sacred Heart BLC
Award for English
*Five year Distinction
Prize



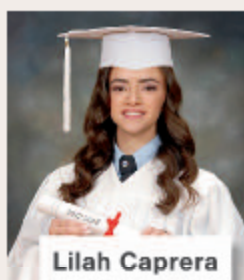
**Alexandra
Gagliano**

*The Thérèse F.
Casgrain '14
Scholarship for
showing true
understanding of
Contemporary
Social Justice
Issues
*The Sacred Heart
Music Award



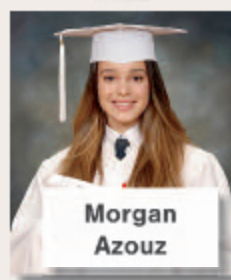
**Laura
Pitruzzello**

*The Sister Gertrude
McNamara Memorial
Prize for Mathematics
*The Estelle Fitzgibbon
Memorial Prize of
Highest Composite
Average in Science
*The Governor
General's Medal and
Parents' Guild Award
for the Student with the
Highest Average *Five
year Distinction Prize



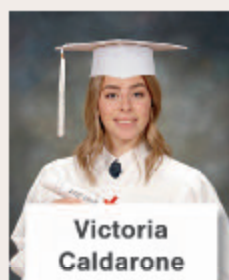
Lilah Caprera

*The St. Mary's
Girls for the Cure
Student Scholarship



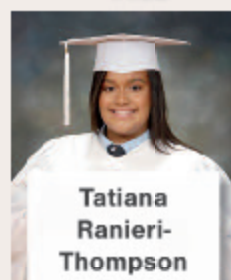
**Morgan
Azouz**

*The Heather MacDougall
'67 Memorial Prize for
Fine Arts
*The Sacred Heart
Art Prize
*The Head of School's
Memory Book Award



**Victoria
Caldarone**

*The Head of
School's Memory
Book Award
*Five year Honour
Roll Prize



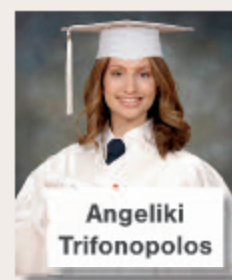
**Tatiana
Ranieri-
Thompson**

*The Concordia
University
Graduation Award
in Community
Engagement



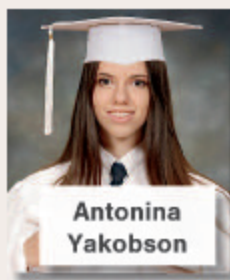
**Taranjot
Padda**

*The Sacred Heart
BLC Award for
English
*Five year Honour
Roll Prize



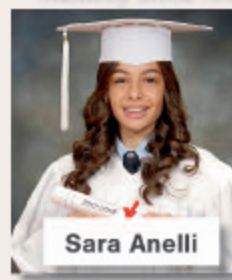
**Angeliki
Trifonopolos**

*The Parents' Guild
Prize for Social
Sciences
*Four year Honour
Roll Prize



**Antonina
Yakobson**

*The Parents' Guild
Prize for Social
Sciences
*Four year
Distinction Prize



Sara Anelli

*The Auriol
Wilkins '52 Roper
Memorial Prize for
Contribution to
Sports
*Five year Honour
Roll Prize



**Gabriella
Marsilli**

*The Soeur Annette
Archambault
Memorial Prize for
French Second
Language
*Five year Honour
Roll Prize



**Kerri-Lee
Commier**

*The McGill Social
Science Award for
Exceptional
Promise in the
Social Sciences



**Victoria
Quintin**

*The Sacred Heart
School of Montreal
Francophile Prize



**Sascha
Azouz**

*The Patty Forbes
'81 Memorial Prize
for Health Sciences



**Eleni
Magafas**

*Five year Honour
Roll Prize



Kayla Wolf

*The Lieutenant
Governor's Award for
Academic Diligence, and
Personal, Social &
Community Involvement
*Five year Honour Roll
Prize

Special Prizes & Awards



Best Of: Graduates



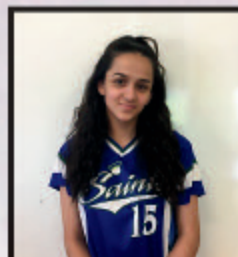
**Best at
Cracking Up
at the Worst
Times**



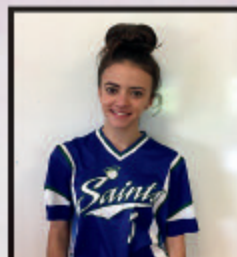
**Best
Personality**



**Best
DJ**



**Best Hand
Motions**



**Best Class
Attendance**



**Best
Laugh**



**Best
Hurdle
Jumper**



**Best
Tan**



**Best at
Being Loud**



**Best
Earrings**



**Best
Hugs**



**Best Hair
Stylist**



**Best
Eyes**



**Best
Hair**



**Best Sense
of Humour**



**Best
at French**



**Best
Frenchie**



**Best
Dancer**



**Best Side
Comments**

Simply the Best!



**Best Dad
Jokes**



**Best
Makeup
Artist**



**Best
Procrastinator**



**Best
Hockey Fan**



**Best
Eyebrows**



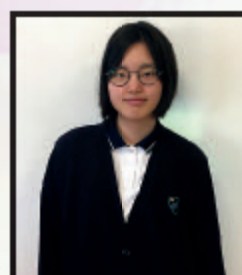
Best Voice



**Best Public
Speaker**



**Best
Explainer**



**Best Remote-
less Projector
Operator**



**Best
hotel
translator**



**Best at
Charging
People in
Football**



**Best
Actress**



**Best
Smile**



**Best at
Building
Robots**



**Best at
Falling**



**Best
Wheelbarrow
Passenger**



**Best
Wheelbarrow
Driver**



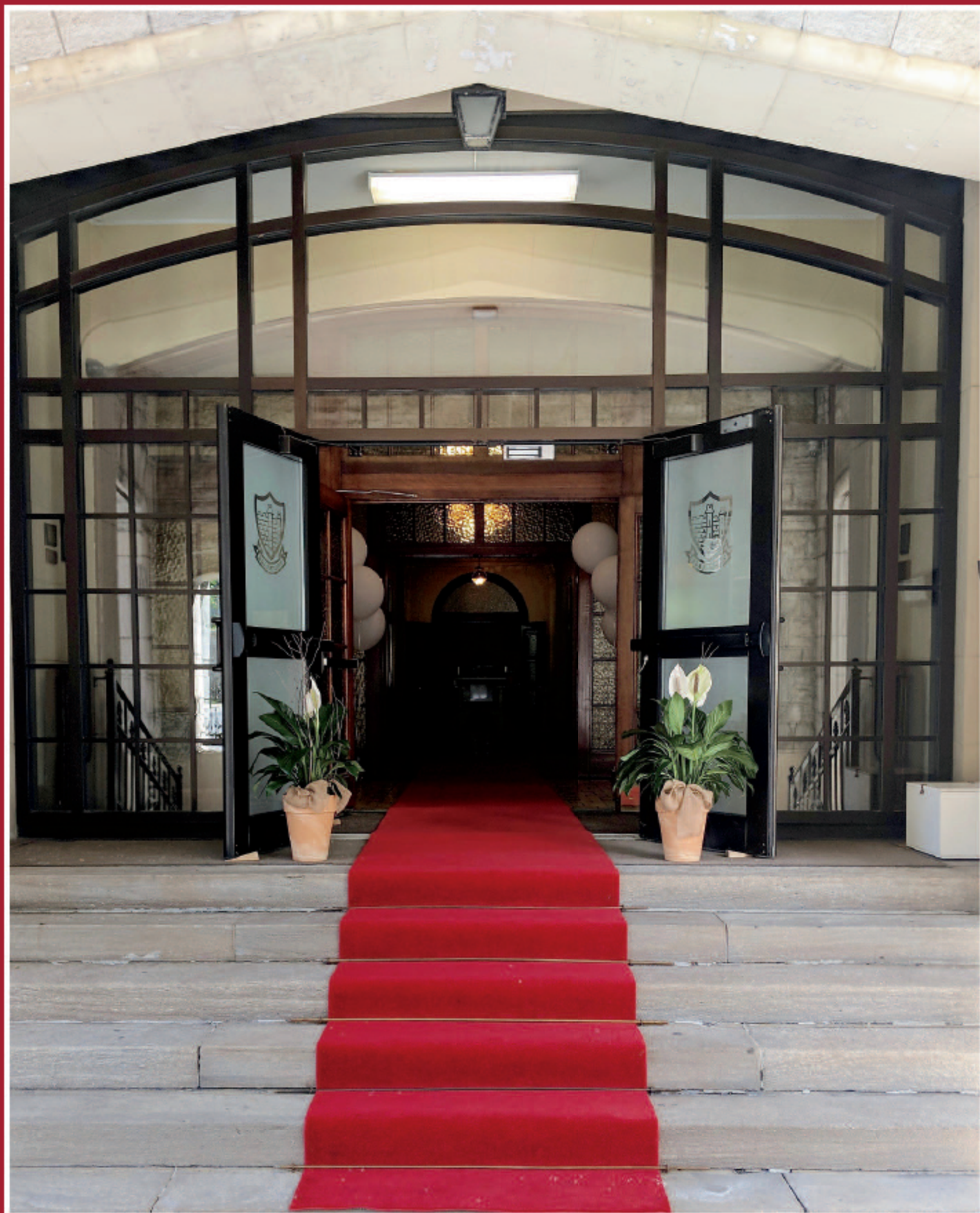
**Best
Comebacks**



**Best
Brown,
Curly, Long
Hair**



INTRODUCING...



Graduates of The...



Elizabeth Aiken

Class of 2018



"Isn't it funny how day by day nothing changes, but when you look back everything is different..." -C.S. Lewis

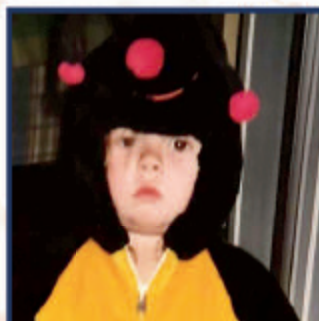
MLT: Open a crystal shop in Hudson and stay there forever

Morgan Alix Klein

What feels like the end is often just the beginning, so take risks once in a while. I mean it's not like you can go back in time to restart. Be wild. Explore. Dream. Life is short, don't think, just do.

PS: You can find me where the music meets the sea.

MLT: Become a singer



Sarah Allen



These five years have been life-changing. A huge thank you to all my friends and teachers who have inspired me and stuck by me. In life, joy and love are both free and priceless. Find them, capture them, and never let them go.

MLT: Hum "Hamilton" in class

Sara Anelli

For everyone who has stood by me these past years, through the tears of laughter and sadness, I would like to thank you for being you. "Yesterday's gone, we gotta keep moving on. I'm so thankful for the moments, so glad to know ya." -Hannah Montana.

MLT: Be offered the Kids' Menu



Morgan Azouz

"You're only here for a short visit. Don't hurry, don't worry. And be sure to smell the flowers along the way." -Walter Hagen

MLT: Be called Sascha



Sascha Azouz



Thanks for the memories; the past four years have been a wonderful journey.

"Courage, sacrifice, determination, commitment, toughness, heart, talent, guts. That's what girls are made of." -Bethany Hamilton

MLT: Be called Morgan

Marianne Beirouti

On June 19th, the sun and the moon serenaded the neighbours with Bohemian Rhapsody while eating Timbits and venerating the chicken god ... "But I laughed so hard, I think I died."

MLT: Be left behind in a foreign country



Kiana Bellegarde

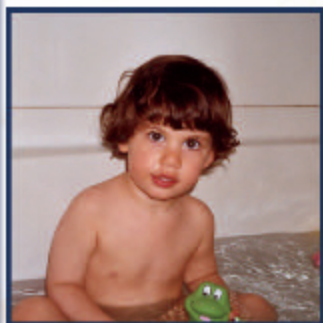


"There are so many chances to take and of course you don't know when it will end, so it all feels limitless." -Dodie Clark
Also, treat yourself because you're special and you're worth it.

MLT: Watch Scott Pilgrim vs. the World 1000 times before I die

Julia Buggé

Class of 2018



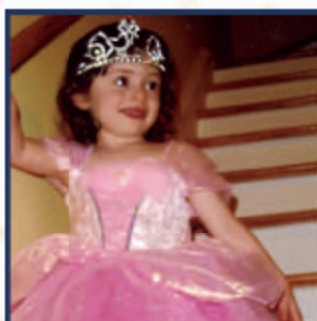
Congrats girls, we made it. You will forever be my sisters after all the memories, laughs and tears we've shared. S/O to the Prefects for brightening my days with our dance parties, cal squad for pranking Gabi, and my set construction crew. Peace!

MLT: Become a Buddhist

Nastasia Butorac

I came to Sacred as an only child and graduated with 38 sisters.

MLT: Be outnumbered by Italians



Victoria Caldarone



Thank you all for these past five unforgettable years! I am so grateful for the memories that I have made and for the people I have met along the way. Congrats grads '18, We made it!

MLT: Laugh at the worst moments

Jenna Caprera

Grads '18...we made it! I wish you all the best of luck in the future! Thank you Sacred for all the laughs and memories! "The times that we had I'll keep like a photograph and hold you in my heart forever; I'll always remember you." -Hannah Montana

MLT: Go deaf from the sound of her own voice



Lilah Caprera

"Isn't it funny how day by day nothing changes, but when you look back everything is different..." -C.S. Lewis. As I look back, all the memories that we created have helped shape who I've become. I wouldn't be who I am today without my Sacred Heart Family.

MLT: Fall asleep on her first job



Julia Cianci



So much has happened in just five years, while it still somehow feels like there hasn't been enough time. Not enough time to create memories with my sisters that, I know, will last a lifetime. To all of the graduates, I'll miss you and good luck!

MLT: ...forget!

Kerri-Lee Commier

"You're entirely bonkers. But I'll tell you a secret, all the best people are."

-Lewis Carroll
Jump and roll, it's June 19th

MLT: Be called "Kerri" forever (thanks, Model UN)



Alessia Liana Di Salvatore



These past five years have been filled with laughter & I will cherish the memories we've made together forever! Thank you to my friends, teachers & family for always supporting me. I wish you all the best of luck! Love you girls; I'm going to miss you! xox

MLT: Misspell her own name #dyslexic

Isabella Di Silvestro

Class of 2018



"Shoot for the moon. Even if you miss, you'll land among the stars."

- Oscar Wilde

MLT: Become a makeup artist

Katherine Doré

"How lucky am I to have something that makes saying goodbye so hard." - Winnie the Pooh

These past five years have allowed me to make many memories and friendships that I will cherish forever. I wish you all luck and happiness in the years to come! #GRADS18

MLT: Be braiding everyone's hair in class



Alexandra Gagliano



In the beginning, the Universe was created. This made a lot of people very angry, and has been widely regarded as a bad move.

So long, and thanks for all the fish.

MLT: Miss the bus

Kristen Harris

These past five years have been filled with unforgettable memories that I will cherish forever and always. Congrats Grads '18, we made it!

MLT: Have a two-hour conversation with you and not remember any of it



Hannah Johnston

Feeling really grateful to everyone who's been by my side for the past five years! Shoutout to my family, my teachers, my friends and amazing classmates! I have so much love for all of my sisters! "When they go low, we go high."-Michelle Obama

MLT: Become a soccer mom



Andai Lyu



I'm so happy that my first two years studying in a new country were here, with you guys. I learned a lot. I have grown a lot. Thank you everyone for your support at this time!

MLT: Travel the world

Eleni Magafas

I have amazing memories to look back on, and it's because of all the wonderful people in this grade. Thank you to my friends and teachers who have made me laugh and smile every day. Life is better spent laughing with the people you love and value.

MLT: Get yelled at by Gordon Ramsay for my horrible cooking



Gabriella Marsilii

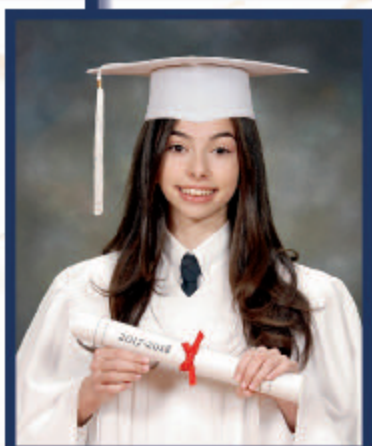


"If there ever comes a day when we can't be together, keep me in your heart. I'll stay there forever." -Winnie the Pooh
I am blessed to have met the people I have and been a part of this school.

MLT: Get the highest mark in Physics

Bianca Mercuri

Class of 2018



Thank you to the wonderful teachers, staff, friends and classmates for making these past five years memorable. I will miss Sacred greatly, but will forever cherish the memories made. "A new day is on the horizon!" -Oprah Winfrey

MLT: Drop her phone in the school parking lot the first day of school and have it run over by a car...again

Taranjot Padda

This was NOTHING like High School Musical, except for one thing: no matter what corners of the world we all end up in, once a Wildcat, always a Wildcat.

MLT: Win the lottery but lose the ticket



Pina Piazza



Five years have come and gone and with it came countless memories to last a lifetime. Wishing everyone the best of luck in their future endeavours. Congratulations class of 2018!

MLT: Trip and get concussed

Talia Pirro

These past years at Sacred Heart have been truly unforgettable and I am so blessed that I got to spend them with an amazing group of girls who inspire me every day. Congrats to the class of 2018, I wish you all the best. I love you all.

MLT: Burst into an opera performance



Laura Pitruzzello

"Ohana means family, family means nobody gets left behind or forgotten." - Lilo and Stitch
1B, 2A, 3B, 4A, 5A. Amazing friends, unforgettable memories, and incredible experiences. Thank you to my friends and family for making these past five years truly memorable and fantastic. Congrats girls and good luck in the future!

MLT: Become a soccer mom



Emma Platt



These past four years at Sacred Heart have been a reminder to never stop reaching for my dreams.

MLT: Laugh at her own jokes

Victoria Quintin

"This wasn't like High School Musical at all." -Kylie Francis

MLT: Be told to stop talking in class



Tatiana Ranieri-Thompson



Wow, it's been five years! I'm thankful to have made amazing friends with memories that I will cherish forever. I want to wish all my sisters the best in their futures. I will miss you all, but remember, good friends never say goodbye, they simply say, "see you soon."

MLT: Hear her laugh from a mile away.

Nicole Romero

Class of 2018



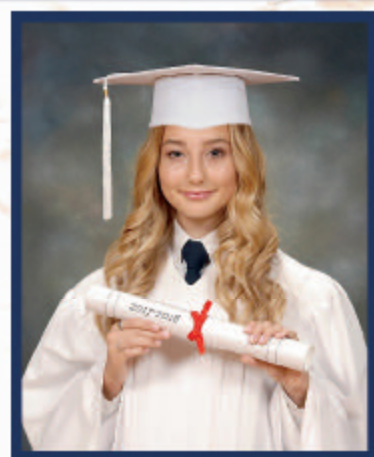
"Wow!" Is all I've got to say!

MLT: Own a sneaker store in New York City

Darcy Sabourin

"You ought to spend a little more time trying to make something of yourself and a little less time trying to impress people." -The Breakfast Club. The memories I have made will always be remembered. I am so happy to have spent these five years with such amazing girls. I love you all!

MLT: Be found in the Guinness World Records book for being the tallest girl in the world



Liana Salvo



I am so lucky to have something that makes saying goodbye so hard. I will truly miss all the memories, experiences and people. Thank you to all my friends, who made this unforgettable journey so amazing.

MLT: Always have her nails done

Xiren Tian

A very wonderful two years! I met so many people and had the feeling of growing up. I will never regret coming to Montreal (and Sacred Heart). Thanks to everyone; this place is my first step, an important step, to the new world.

MLT: Be noticed first in a crowd



Jezabel Toussaint

"Grief is the tax we pay on our attachments..." With that said, I will always miss this school and the amazing memories that came with it. These five years have allowed me to become the person I am now and make friendships that I will forever cherish.

MLT: Change hairstyles every week



Angeliki Trifonopoulos



Well, what can I say? This experience was definitely not like High School Musical. It was better! I want to thank all of you for making these last four years so special! Congrats and good luck with what comes next. It's been great to all be in this together! #sacred&QAA4life

MLT: Be called Angelika or Angelina on a daily basis

Kayla Wolf

"How lucky am I to have something that makes saying goodbye so hard." - Pooh Bear
To everyone who stood by me these past five years, to those who pushed me to be my best and to all of the friends that I've made along the way, thank you! It's been real.

MLT: Most likely to be yelled at for opening the windows in class



Antonina Yakobson



"Forgive quickly. Love truly. Laugh uncontrollably and never regret anything that made you smile."

- Audrey Hepburn
Thank you all for being my reason to smile.
P.S. June 19th

MLT: Be asked where she is Russian to





Candid





Julia Cianci

Our Dearest Julia,

From your initial heartbeat, we knew you would be determined and strong! Your perseverance and drive, especially on the basketball court, shows your inner strength that you will accomplish and fulfill anything you put your heart to. We are so proud of you and your accomplishments throughout these last five years at Sacred Heart.

We love you so much, sweetie! Congratulations!
Mom, Dad, Rosemarie, Liana, and Franco
Xoxo



Tatiana Ranieri-Thompson

To our little girl who is not so little anymore, we can't believe that five years have gone by already. All we can say is wow, we are so proud of you. We remember the first day we dropped you off at school; we cried in the car because you wanted to be left at the corner of the street and walk in by yourself. Fast forward five years you played sports, became vice president and have grown into a kind and smart woman. Most of all you are a great example to your little sister Simona; she looks up to you so much and you always support her. As you begin a new chapter in your life remember to come back to where it all started and to give back to the girls at the Sacred Heart School of Montreal. As we write this to you, tears come to our eyes, but they are joyful ones. From Simona, thank you Tati for opening so many doors for me and making me believe anything is possible. I love you so much and wish you the best of luck in your future.

God bless you Tatiana
You are going to do great things and make a difference in this world.

Remember,
Listen as your day unfolds
Challenge what the future holds
Try and keep your head up to the sky
Lovers, they may cause you tears
Go ahead release your fears
Stand up and be counted
Don't be ashamed to cry
You gotta be bad, you gotta be bold, you gotta be wiser
You gotta be hard, you gotta be tough, you gotta be stronger
You gotta be cool, you gotta be calm, you gotta stay together
All I know, all I know
Love will save the day
You Gotta Be
By: Des'ree

Love mom, dad and Simona: The Ranieri-Thompson family

Nastasia Butorac



Congratulations to our
blessed and beautiful
daughter.

Love, Mom and Dad.



"The future belongs to those who believe
in the beauty of their dreams." - Eleanor
Roosevelt

Messages from your Teachers



"On any given day, any team can win or lose. Make today your day!
I am so proud of all of you and wish you nothing but success in all
your future endeavors. Once a Saint, always a Saint!"

-Ms. Littman



To the Grads of '18, thanks for all the great memories, it truly was a
pleasure teaching you! I will miss your countless stories, pranks,
random visits to room 105 and of course all the laughs! Wishing
you all great success and happiness in pursuing your dreams :)

-Mr. Reda



Words to Remember



Jostens

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